



**Ikebana**, the Japanese art of flower arrangement, is one of the most popular cultural activities in Japan. It is the perfect introduction of Japanese traditional culture for students of all ages. It is a creative art with a contemplative aspect and has strong links with Zen meditation. Students will learn a little about the traditions of this art form and have a chance to try their hand at creating a floral work of art, guided by some basic design principles. Through Ikebana, students can develop a sense of respect for nature and reflect upon the search for our place within the natural world.

**A: Demonstration: 40 minutes/\$330,  
Suited up to 80 students**

Shoso will create 6 arrangements ranging from traditional basic styles and miniature arrangement to medium size arrangements (up to 100 cm high), one of which the clients can keep to display. During the demonstration, Shoso will give a brief history of Ikebana and talk about its significance in contemporary Japanese culture and society.

**B-1: Workshop: 40 minutes/\$200, Up to 10 students**

This workshop starts with a short quiz to overview social, cultural and historical aspects of Ikebana. Then, students can enjoy the relaxing and contemplative process involved in creating their own arrangements. They may find themselves re-energised through the magic of touching nature's gifts. At the end of the session, they will have an opportunity to have an individual consultation with Shoso. Shoso will provide all materials (flowers, sectors, container and flower holder). Students can keep their flowers only.

**§ Additional Students:** \$6 per student, Up to 26 students in one group.

**B-2: Workshop: 40 minutes/\$240, Up to 10 students**

Same content as Workshop B-1 but the students can keep their floral works which consist of flowers, container and floral form.

**§ Additional Students:** \$10 per student, Up to 26 students in one group.

**C: Display Services**

Special occasion arrangements (school concert installation etc.). Although not compulsory, it is recommended to provide your vase or container such as a pot for plants and give the description of it (height & diameter).

Small (up to 50 cm): \$50 /Medium (up to 100 cm): \$150/Large: \$300 ~

**Shoso Shimbo** is a certified teacher of Ikebana in Sogetsu School. He has over 20 years experience in Ikebana and studied under the late Sogetsu Head Master, Hiroshi Teshigahara. Shoso was selected by belle magazine as one of "Australia's top six floral designers" and he won the coveted Gold Award at the 2006 Melbourne International Flower & Garden Show. He has BA and MA in Eastern Philosophy, and PhD in Education.



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